

KEISER STRENGTH



AIR350

AIR350 BIAXIAL CHEST PRESS

**NOT JUST BETTER MACHINES,
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

KEISER®
BECAUSE...
**'GOOD
ENOUGH'
ISN'T.™**

KEISER STRENGTH

Introduce precision to your strength training programs. Our machines are equipped with patented Keiser Pneumatic Technology to give everyone from first-time gym members to pro athletes a safer, easier, more efficient way to boost power output, improve core stability and gain overall muscle performance.

AIR350

AIR350 BIAXIAL CHEST PRESS

THE CREATIVE ENGINEERING OF THE AIR350 BIAXIAL CHEST PRESS COMBINES TWO CHEST MOVEMENTS INTO ONE EXERCISE

As you press outward the hands also move inward, taking the chest muscles through a greater range of motion. This increased range of motion, along with the natural strength curve generated by the biaxial movement ensures maximum development of the important muscles of the chest and upper arms.

The individual movement of the exercise arm prevents the stronger side from helping out the weaker side. Range of motion adjustments accommodate various body sizes and flexibility.

KEISER PNEUMATIC RESISTANCE SYSTEM

With Keiser Pneumatic Technology, the muscles remain active and engaged throughout the entire range of motion and velocities, with reduced shock loading to muscles, connective tissues and joints, which allows for workout regimens that can safely improve physical performance in ways not seen with traditional strength training methods.

READ MORE:
WWW.KEISER.COM

KEISER® | BECAUSE...
**'GOOD
ENOUGH' ISN'T.**™



FEATURES

- Unique axis of rotation allows greater range of motion in natural planes of movement
- Smooth pneumatic resistance
- Fully adjustable to accommodate a wide range of users
- Durable construction engineered for years of use
- Large digital display with resistance and counted repetitions

SPECIFICATIONS

HEIGHT
76" / 1930 mm

WEIGHT
187 lbs / 85 kg

WIDTH
46" / 1168 mm

RESISTANCE RANGE
0 - 310 lbs / 0 - 141 kg

LENGTH
60" / 1524 mm

CONTACT A SALES REP TODAY
1.559.256.8000 | keiser.com/contactus