

KEISER STRENGTH



AIR350

AIR350 SEATED BUTTERFLY

**NOT JUST BETTER MACHINES,
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

KEISER®
BECAUSE...
**'GOOD
ENOUGH'
ISN'T.™**

KEISER STRENGTH

Introduce precision to your strength training programs. Our machines are equipped with patented Keiser Pneumatic Technology to give everyone from first-time gym members to pro athletes a safer, easier, more efficient way to boost power output, improve core stability and gain overall muscle performance.

AIR350

AIR350 SEATED BUTTERFLY

**DESIGNED WITH COMFORT
IN MIND, THE HAND GRIP
AND FOREARM CUSHIONING MAKE
CORRECT BODY ALIGNMENT SIMPLE**

A fully adjustable seat allows users up to five different ranges of motion to work both the upper and lower pectoral muscles for full chest development.

The AIR350 Seated Butterfly is designed to minimize over-stretching that might occur with other 'pec decks' by providing a wide variety of adjustable starting arm pad positions. Independent arms allow users to exercise one arm at a time for variation.

KEISER PNEUMATIC RESISTANCE SYSTEM

With Keiser Pneumatic Technology, the muscles remain active and engaged throughout the entire range of motion and velocities, with reduced shock loading to muscles, connective tissues and joints, which allows for workout regimens that can safely improve physical performance in ways not seen with traditional strength training methods.

**READ MORE:
WWW.KEISER.COM**



FEATURES

- Unique axis of rotation allows greater range of motion in natural planes of movement
- Smooth pneumatic resistance
- Fully adjustable to accommodate a wide range of users
- Durable construction engineered for years of use
- Large digital display with resistance and counted repetitions

SPECIFICATIONS

HEIGHT
72" / 1829 mm

WEIGHT
225 lbs / 102 kg

WIDTH
50" / 1270 mm

RESISTANCE RANGE
0 - 129 lbs / 0 - 59 kg

LENGTH
67" / 1702 mm

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