

**KEISER STRENGTH**



**KEISER RACKS**

# HALF RACK

**NOT JUST BETTER MACHINES,  
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

**KEISER<sup>®</sup>**  
BECAUSE...  
**'GOOD  
ENOUGH'  
ISN'T.™**

# KEISER STRENGTH

Introduce precision to your strength training programs. Our machines are equipped with patented Keiser Pneumatic Technology to give everyone from first-time gym members to pro athletes a safer, easier, more efficient way to boost power output, improve core stability and gain overall muscle performance.

## KEISER RACKS

# HALF RACK

## THE HALF RACK IS A SMALLER VERSION OF THE ORIGINAL POWER RACK

This unit incorporates the same exercises as the POWER Rack but has been designed for space conscious applications. Our Half Rack without Air is also available in these same specs.

## KEISER PNEUMATIC RESISTANCE SYSTEM

With Keiser Pneumatic Technology, the muscles remain active and engaged throughout the entire range of motion and velocities, with reduced shock loading to muscles, connective tissues and joints, which allows for workout regimens that can safely improve physical performance in ways not seen with traditional strength training methods.

READ MORE:  
[WWW.KEISER.COM](http://WWW.KEISER.COM)



## FEATURES

- Allows training at any speed, from controlled to explosive, for improved power
- Unique hybrid design combines pneumatic and free weight resistance to emphasize not only strength training but also speed and stability training
- All in one system to accomplish more in less space
- Customizable workouts for all users
- A rack to fit every need
- Dual displays to satisfy both user and trainer
- ADA compliant - Section 44 Disabled Access Tax Credit

## SPECIFICATIONS

HEIGHT  
108" / 2743 mm

WEIGHT  
640 lbs / 290 kg

WIDTH  
73" / 1854 mm

RESISTANCE RANGE  
0 - 212 lbs / 0 - 96 kg

LENGTH  
93" / 2362 mm

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**'GOOD ENOUGH' ISN'T.**™

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